

Nicholas Christies Day Spa

Questionnaire for PCA Peel Clients

If you are planning to request a PCA peel treatment, please review these requirements in order to prepare for your visit and optimize the results.

1. Have you had a chemical peel within last 14 days of requested PCA peel appointment? If NO proceed to next question...if YES you will need to schedule your appointment to meet this 14 day requirement.
2. Have you been in a tanning booth within the last 3 weeks of requested PCA peel appointment? If NO proceed to next question...if YES you will need to schedule your appointment to meet this requirement.
3. Have you had wax or chemical depilatory treatment in last 5 to 7 days of requested PCA peel appointment? If NO proceed to next question...if YES you will need to schedule your appointment to meet this requirement.
4. Have you received a Botox, collagen, or other dermal filler injection within the last 7 days of requested PCA peel appointment? If NO proceed to next question...if YES you will need to schedule your appointment to meet this requirement.
5. Have you had a microdermabrasion treatment within the last 14 days requested PCA peel appointment? If NO proceed to next question...if YES you will need to schedule your appointment to meet this 14 day requirement.
6. Are you lactating, pregnant or think you may be pregnant? If YES, you can only receive an Oxygenating Trio or Detox Gel Deep Pore Treatment.
7. Refrain from sun exposure for 10 days prior to your appointment. Do not come into the appointment sunburned.
8. Delay use of Retin-A, Renova, Differin, Tazorac, or Avage and high percentage glycolic acid products for 5 to 10 days prior to your appointment. (Consult dispensing physician before discontinuing use of any prescription medication)

A PCA Peel is a superficial peel that results in little to no downtime. Treatment may include slight redness, tightness, peeling, flaking and/or temporary dryness. It is recommended that you do not apply makeup after your treatment. Most find it unnecessary to apply makeup as your skin will be smooth, dewy and radiant following the treatment. However, you MAY use makeup if necessary -- allow approximately 15 minutes before applying foundation to allow the skin's PH to stabilize.

Upon completion of your PCA Peel, you will be provided with an At Home Kit for Post-Peel care.